

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Pine Harbour</u> Assisted Living 15 New Hampshire Street Plattsburgh, N.Y. 12903 (518) 561-5307</p>		<p>September</p>	<p>2011</p>			<p>Activities Directors</p> <p>Meghan Frechette MeghanF@pineharbour.org Josh Brown JoshB@pineharbour.org</p> <p>www.PineHarbour.org</p>
<p>Special Events 9-11 Grandparents Day 9-12 Funny Sock Day 9-13 Pajama Day 9-14 Crazy Hair Day 9-15 Hat Day</p>	<p>KEY FL – Fireside Lounge / Living Room NW – North 300 wing SW – South 200 wing OS – Outside V- Valley DR – Dining Room</p>	<p><u>Birthdays</u> 9/3 Maddy 9/5 Roger 9/25 Estelle & Millie</p>	<p>National Assisted Living Week</p>	<p>1 9:30 Rosary - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Walking Club 1:30 Decorating Bulletin Board 2:30 Happy Hour 3:30 Puzzle Party 6:00 Soothing Sounds</p>	<p>2 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 September Dates To Celebrate 1:30 Movie w/Popcorn 2:30 Flavored Ice Coffee Social 3:30 Patio Party 6:00 Hand Massage</p>	<p>3 Happy Birthday Maddy! 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Birthday Cake Baking 1:30 Manicures 2:30 Birthday Party for Maddy!! 3:30 The History Of Labor Day 6:00 Book Club</p>
<p>4 10:00 Exercise 10:30 Current Events 11:00 Bingo 2:30 Ice Cream Social 3:30 Wheel Of Fortune 6:00 Reminiscing</p>	<p>5 Happy Birthday Roger!! 9:30 Catholic Communion - SW 10:00 Exercise 10:30 Current Events 11:00 Birthday Cake Baking 2:30 Birthday Party for Roger! 3:30 Walking Club 6:00 Coloring Club</p>	<p>6 10:00 Pet Visit w/ Isaiah 11:00 Exercise w/ Meghan 1:30 Invitations for Fall Dinner 2:30 Green Tea Social 3:30 Current Events 6:00 Soothing Sounds</p>	<p>7 9:30 Bible Study - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Finishing Invitations 1:30 Making 9/11 Remembrance Pins 2:30 Chocolate Milk Social 3:30Manicures 6:00 North Country Squares - FL</p>	<p>8 9:30 Rosary - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Walking Club 1:30 A-Z Game 2:30 Happy Hour 3:30 Sing-a-long w/ Millie - FL 6:00 Hand Massage</p>	<p>9 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Cleaning Club 1:30 Decorating Hats 2:30 Shirley Temples 3:30 Way Back Play Back 6:00 Book Club</p>	<p>10 Pine Harbour Open House 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Bingo 1:00 Castaways Live Music 2:00 Cider and Donut Social 3:00 Movie w/ Snack 6:00 Reminiscing</p>
<p>11 Grandparents Day! 10:00 Exercise 10:30 Current Events 11:30 End Of Summer BBQ 2:30 Crossword Puzzle 3:30 Manicures 6:00 Coloring Club</p>	<p>12 Funny Sock Day 9:30 Catholic Communion - SW 10:00 Exercise 10:30 Current Events 11:00 Bingo 2:30 Ice Cream Social 3:30 Walking Club 6:00 Pet Visit w/ Glory</p>	<p>13 Pajama Day 10:00 Pet Visit w/ Isaiah 11:00 Exercise w/ Meghan 1:30 Current Events 2:00 Baking Club 3:00 Charlie Stone & Split rock-FL 6:00 Soothing Sounds</p>	<p>14 Crazy Hair Day! 9:30 Bible Study - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Puzzle Party 1:30 Decorating Hats 2:30 Fruit Smoothies 3:30 Scrabble 6:00Hand Massage</p>	<p>15 Hat Day! 9:30 Rosary - SW 10:00 Exercise w/ Meghan 10:30 Piano w/ Mike - FL 1:30 Walking Club 2:30 Happy Hour 3:30 Manicures 6:00 Book Club</p>	<p>16 Favorite Sports Team Day! 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Where Have You Traveled Project 1:30 Fruit Punch Social 2:00 The Castaways Live Music 3:30 Finish that Phrase 6:00 Reminiscing</p>	<p>17 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Fall Collage Project 1:30 Movie w/ Snack 2:30 Blueberry Burst Punch 3:30 Trivia 6:00 Coloring Club</p>
<p>18 10:00 Exercise 10:30 Current Events 11:00 Bingo 2:30 Raspberry Ice Tea Social 3:30 Walking Club 6:00 Soothing Sounds</p>	<p>19 9:30 Catholic Communion - SW 10:00 Exercise 10:30 Current Events 11:00 Connect The Dots 2:30 Ice Cream Social 3:30 Trivia 6:00 Hand Massage</p>	<p>20 10:00 Pet Visit w/ Isaiah 11:00 Exercise w/ Meghan 1:30 Current Events 2:00 Resident Council - FL 3:30Manicures 6:00 Book Club</p>	<p>21 9:30 Bible Study - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Magazine Mania 1:30 Walking Club 2:30 Popping Pink Lemonade Social 3:30 Fall Door Hanger Project 6:00 Reminiscing</p>	<p>22 9:30 Rosary - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Baking Club 1:30 Fall Collage Project 2:30 Happy Hour 3:30 Sing-a-long w/ Millie - FL 6:00 Coloring Club</p>	<p>23 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Imaginary Trip to India! 1:30 Charades 2:30 Orange Soda Social 3:30 Manicures 6:00 Soothing Sounds</p>	<p>24 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Birthday Cake Baking 1:30 Movie w/ Snack 2:30 Flavored Ice Coffee 3:30 It Was The Year 1974.. 6:00 Hand Massage</p>
<p>25 Happy Birthday Estelle & Millie!! 10:00 Exercise 10:30 Current Events 11:00 Walking Club 2:30 Birthday Party for Millie & Estelle 3:30 Word Search 6:00 Book Club</p>	<p>26 9:30 Catholic Communion - SW 10:00 Exercise 10:30 Current Events 11:00 Bingo 2:30 Ice Cream Social 3:30 Drawing Club 6:00 Pet Visit w/ Glory</p>	<p>27 10:00 Pet Visit w/ Sammie 11:00 Exercise w/ Meghan 1:30 Current Events 2:30 Root Beer Floats 3:30 Pictionary 6:00 Reminiscing</p>	<p>28 9:30 Bible Study - SW 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Manicures 1:30 Walking Club 2:30 Pomegranate Ice Tea 3:30 Charades 6:00 Coloring Club</p>	<p>29 9:30 Rosary - SW 10:00 Pet Visit w/ Isaiah 11:00 Exercise w/Meghan 1:30 Baking Club 2:30 Happy Hour 3:30 Current Events 6:00 Soothing Sounds</p>	<p>30 10:00 Exercise w/ Meghan 10:30 Current Events 11:00 Making Favors for Fall Dinner 1:30 Finishing Favors 2:30 Lemon Ice Tea Social 3:30 The Price Is Right 6:00 Hand Massage</p>	

