

THE PINE HARBOUR BREEZE

Volume 3 Issue 6

November/December 2011

PINE HARBOUR ASSISTED LIVING



CORRECTION!!!!

Our door is always open...

But not during the hours of 9PM-(8AM). All outside doors will be locked. To be let in just come to the front lobby entrance, the first set of doors will open, then on the right side of the second set of doors there is a door bell, push it and a Resident Assistant will get a page to come let you in. Our resident's and staff are very important to us and so is their safety. If you are in the building after 9PM just find an RA or push your loved ones pendant and they will let you out. Thank you for understanding.

HOLIDAY CELEBRATIONS

Our Thanksgiving Lunch will be held Thursday November 17th. 11:30am-1pm. If you would like to join your family member for lunch please call the front desk by Tuesday November 15th. Adults \$10.00, children under 10 free.



Holiday Celebration Buffets

*Valley Celebration Wednesday December 14th
Main Floor Celebration Thursday December 15th*

5:00 P M

Adults \$17.50 under 10 free

RSVP Required By:

Thursday December 1st @ 5:00 pm

561-5307

“It’s a wonderful day at Pine Harbour!”

Happy Birthday To You!

November Birthdays

Herbert M. 11/06

Patricia P. 11/11

Mary T. 11/17

Robert D. 11/18

December Birthdays

Nancy P 12/05

Marie H. 12/10

John O. 12/15

Ed K. 12/21

Helen S. 12/26

Beulah L. 12/28

**Would you like to volunteer
at Pine Harbour?**

We have many things you can do with our residents like:

- Playing cards, billiards, games
- read the newspaper to them.
- Go for a walk inside or outside
- Sit and visit
- Do arts & crafts
- Wii

OR

If you would like to volunteer in a certain department like:

- Activities
- Dining Room
- Housekeeping
- Fundraising
- Lawn & Garden

We can set you up with that too!

OR

You can help us with an event or fundraiser!!!

For more information please contact Terrienne at:

terrienne@pineharbour.org

or call me at:561-5307

From Our Wellness Department

When ever you receive an update about your loved one's insurance, please call our wellness department to give us the updated information. This is so important and will help alleviate any voids in your loved ones medication management. If you have any questions please call Lori our Resident Services Director after 9 am, Monday-Friday.

Book Mobile

November & December

2:35 pm—3:00 pm

We are so fortunate to have the bookmobile come to us once a month. If you are interested in reading books that are not available in our own library, please take advantage of this program. The workers on the bookmobile are there to help you find the book you would like to read. If you are looking for a particular book, just ask, if it is not available this month they will locate a copy for you and bring it next month.

518-563-5190 x20

FYI

When a resident refers a friend or relative to Pine Harbour and that person moves in to Pine Harbour, the resident who made the referral receives \$500.00 off their next months rent! Wow, now that is incentive to get the word out that Pine Harbour is a wonderful community to live in.

NOTE



“Baby it’s cold outside”

It is that time of year again, time for warm coats, hats & gloves. Please make sure your loved one has warmer clothing for this fall & winter. Sweaters, shawls and socks help keep them warm. Also drinks & soups that they can warm in their microwaves are great to have on hand as the weather cools. Any questions, please just ask we are always happy to help.

Cold & Flu season is upon us. There are a few very simple precautions to take to help reduce your chance of becoming ill.

- Wash your hands.
- Do not use a Kleenex more than once.
- Keep your hands away from your face.
- Get plenty of rest.
- Cough and sneeze into your elbow.

If you are not feeling well please let staff know as soon as possible.

Items to make sure your family members have in their apartments:

- Light bulbs for their lamps
(we take care of the bulbs in our fixtures)
- Kleenex
- Toilet tissue
- Batteries
- Garbage bags
- Towels & facecloths
- An extra set of bed linen
- Snacks
- Drinks
- A couple of dollars for bingo and the snack machine.
- Lotion, body soap, shampoo & dish soap.

If you have questions please call us after 9am weekdays and we will be happy to assist.

It's Time to Compare Medicare Plans for 2012

If you (or your loved one) are over age 64 or qualify for Medicare due to a disability, you may benefit from having a Medicare Advantage Plan or other supplemental insurance.

Medicare Advantage (Medicare Part C)

Why look at Medicare Advantage plans? For some people, these plans can provide broader coverage and lower out-of-pocket expenses than expenses with the combination of traditional Medicare Parts A and B plus a Medigap insurance policy.

Find out what your Medicare Advantage options are or call **888-309-0605** (TTY User: 711) to speak to a partner licensed agent.

Medicare Prescription Drug Coverage (Medicare Part D)

Why look at Medicare Prescription Drug Coverage options? For some people, these plans can help make some medications more affordable.

Find out what your Medicare Prescription Drug Coverage options are or call **888-309-0605** (TTY User: 711) to speak to a partner licensed agent.

Annual enrollment started October 15. Don't wait -- call now.

**Call 888-309-0605 (TTY User: 711)
to speak to a licensed agent**

or

visit www.planprescriber.com and compare Medicare health plans today.

Pine Harbour is raising funds and we need your help, please purchase a ticket or help us sell them:

“Senior Peace of Mind Subsidy Fund”

Pine Harbour is a not for profit community that believes in helping senior citizen’s live the best life possible regardless of their income. The “Senior Peace of Mind Subsidy Fund” has been created to subsidize lower income seniors with housing, care needs and services. All proceeds from this lottery will go entirely to this fund.

- 1. The \$20.00 cost must be paid in full before its number can be declared a winner. All monies must be turned in at the time of sale to a committee member at Pine Harbour Assisted Living, 15 New Hampshire Street, Plattsburgh, NY 12903
Telephone #518-561-5307**
- 2. Cash prizes to be awarded (366 days –Leap Yr. 2012) as follows:
(4) each \$100.00 Winners *
(52) each \$25.00 Winners (Fridays)
(310) each \$20.00 Winners (Sunday—Thursday)
Exception Sunday Sept. 09, 2012**

***\$100.00 Winners**

May 30, 2012 - National Senior Health & Fitness Day

Aug. 21, 2012 - National Senior Citizens Day

Sept. 09, 2012 - Grand Parents Day

Nov. 18, 2012- Memory Screening Day

These tickets make great stocking stuffers & gifts that give for the entire year of 2012!!!

Our Board of Directors:

PRESIDENT

Kevin Killeen

VICE PRESIDENT

Robert Perkins

SECRETARY

Sara Rowden

TREASURER

Stephens Mundy

Kenna LaPorte

Carol Latinville

**If you would like to receive a
bi-monthly newsletter via e-mail,
call Terrianne @ 561-5307**

or

e-mail:

terrianne@pineharbour.org



PineHarbour
Assisted Living

**15 New Hampshire Street
Plattsburgh, NY 12903**

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www.pineharbour.org