

## **Designed for independent and assisted living**

We have been creating menus for over 20 years. Our number one priority is ensuring that our customers are getting the nutrition they need and enjoying their meals. We are very particular about our menus. We feel confident that we offer the best. Here are some reasons our customers love our menus.



### **Homemade Meals**

The success of a meal begins with a good recipe. We are very picky about the recipes we use. They are crafted and made from scratch.



### **Customized & Seasonal**

Resident feedback and preferences are considered and menus can be tailored to suit your needs. Customization encourages taking advantage of seasonal fruits and vegetables along with favorite foods.



### **Healthy**

Nutrition is very important. Eating well balanced meals can improve your ability to do day to day activities.



### **Dietitian Approved**

All menus are created and approved by a Registered Dietitian. This ensures that you are getting the best nutrition while enjoying the best flavors.